

Sport Studies

(OCR Cambridge National)

What will I learn about?

Sport Studies takes a more vocational focus, whilst also encompassing some core sport/physical education themes. Learners have the opportunity to apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance. They will learn about contemporary issues in sport such as funding, participation, ethics and role models, and sport and the media. Learners will develop an appreciation of the importance of sport locally and nationally, different ways of being involved in sport and of how this shapes the sports industry.

How is the course structured?

Year 10

Students will complete 2 units:

- Developing Sport skills
- Developing knowledge and skills in outdoor activities.

Both units are coursework based where students apply their knowledge from practical sessions into the assignments set by exam boards.

Year 11

Students will complete the theory side of the course:

- Contemporary issues in sport

This will be followed with an externally assessed exam in the January of Year 11. Students will also complete their final piece of coursework on Sports leadership.

How will my work be assessed?

Externally assessed -

Unit 1, Contemporary issues in sport: After studying the unit students will sit an external exam in the January of Year 11 and if they need to boost grades they have the opportunity to re take the exam in the May of Year 11.

Internally assessed –

Students will complete 3 pieces of coursework on the following units:

- Developing sports skills
- Sports leadership
- Developing knowledge and skills in outdoor activities.

The marks from all 4 units will be aggregated to give an overall score of Pass, Merit or Distinction.

What can this qualification lead to?

A qualification in GCSE Sport Studies can help with many pathways in further education but has opportunities for careers within Sport Science, Physiotherapist, Sports Coach, Diet and Fitness Instructor and as a Personal Trainer.